

The Island



Choregraphie par : Séverine FILLION 9/16

Description : 64 temps, 4 murs, Intermediaire,

Musique : The Island par Shauna McSTRAVOCK

Intro : 18 counts

[1-8] HEEL SWITCH, SCUFF HITCH STOMP, TOE & HEEL TOUCHES, COASTER STEP

1&2& Touch right heel fwd, recover on right, Touch left heel fwd, recover on left

3&4 Scuff right, Hitch right knee, right Stomp cross over left

5&6 Touch left toe just behind right, recover on left, Touch right heel fwd

7&8 Right back, left next to right, right fwd

[9-16] HEEL SWITCH, SCUFF HITCH STOMP, TOE & HEEL TOUCHES, COASTER STEP

1&2& Touch left heel fwd, recover on left, Touch right heel fwd, recover on right

3&4 Scuff left, Hitch left knee, left Stomp cross over right

5&6 Touch right toe just behind left, recover on right, Touch left heel fwd

7&8 Left back, right next to left, left fwd

[17-24] HEEL GRIND & HEEL GRIND & HEEL GRIND $\frac{1}{4}$ TURN R, COASTER STEP

1-2 Push right heel on the ground and swivel right toe to the right

& Recover on right next to left

3-4 Push left heel on the ground and swivel left toe to the left

& Recover on left next to right

5-6 Push right heel on the ground and swivel right toe to the right with $\frac{1}{4}$ turn right 3 :00

7&8 Right back, left next to right, right fwd

[25-32] TRIPLE STEP FWD, STEP $\frac{1}{2}$ TURN L, $\frac{1}{4}$ TURN L & SIDE TRIPLE, BEHIND SIDE CROSS

1&2 Triple step left - right - left fwd

3-4 Right step fwd, Turn $\frac{1}{2}$ left (weight on left) 9 :00

5&6 Turn $\frac{1}{4}$ left and Triple step right - left - right to right side 6 :00

7&8 Left cross behind right, right to right, left cross over right

[33-40] KICK BALL CROSS, KICK BALL CROSS, SIDE ROCK, SAILOR STEP

1&2 Kick right fwd, right next to left, left cross over right

3&4 Kick right fwd, right next to left, left cross over right

5-6 Rock step right to right side, recover on left

7&8 Right cross behind left, left to left, right to right

[41-48] SAILOR STEP, BEHIND SIDE CROSS, PADDLE FULL TURN LEFT

1&2 Left cross behind right, right to right, left to left

3&4 Right cross behind left, left to left, right cross over left

5&6&7&8 Full turn left in place started by left foot : L - R - L - R - L - R - L

[49-56] CROSS ROCK & CROSS ROCK & STEP $\frac{1}{2}$ TURN L, WALK, WALK

1-2& Cross Rock right over left, recover on left, right next to left

3-4& Cross Rock left over right, recover on right, left next to right

5-6 Right step fwd, Turn $\frac{1}{2}$ left (weight on left) 12 :00

7-8 Walk fwd on right, on left

[57-64] CROSS ROCK, SIDE TRIPLE STEP, CROSS ROCK, $\frac{3}{4}$ TURN L & TRIPLE FWD

1-2 Cross Rock right over left, recover on left

3&4 Triple step right - left - right to right side

5-6 Cross Rock left over right, recover on right

7&8 $\frac{1}{4}$ turn left and Triple step left - right - left fwd 9 :00

Tanz beginnt mit 😊 wieder von vorn